

# SOME USEFUL WEB SITES

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

## **For young people support**

NSPCC - [www.there4me.com](http://www.there4me.com) (talk to an NSPCC advisor online)

Childline 0800 - 1111 (not listed on telephone bill)

## **Adults support**

Samaritans - [jo@samaritans.org](mailto:jo@samaritans.org)

Tel: 08457 - 9090

## **Report abuse**

[www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)

[www.ceop.gov.uk/reportabuse](http://www.ceop.gov.uk/reportabuse)

## **General support/interest/information**

Childnet international [www.childnet-int.org](http://www.childnet-int.org)

Safe social networking: [www.safesocialnetworking.com](http://www.safesocialnetworking.com)

Microsoft family safety site: [www.microsoft.com/protect/family](http://www.microsoft.com/protect/family)

Gaming: Playsmart Playsafe: [www.xbox.com/playsmartplaysafe](http://www.xbox.com/playsmartplaysafe)

Pegi [www.pegi.info](http://www.pegi.info)

Content Filters: [www.covenanteyes.com](http://www.covenanteyes.com)

[www.opendns.com](http://www.opendns.com)